

Mon

Tue

Wed

Thu

Fri

**Winter Break - Seniors Programs closure from
December 18th, 2023 to January 4th, 2024**

8
***Line Dance with May**
11 am -12:30 pm
Art & Craft class
12:00 pm -2 pm

9
***Qi Gong & Morning
Exercise Class**
(Online & In-person)
10 am -11 am

10
***Advanced ESL class**
9:30 am-11:30 am

11
***Line Dance with Cindy**
10:30 am-12:30 pm

12
***Intermediate
iPad/iPhone class**
(Cantonese)
9: 30 am -11am

15
***Line Dance with May**
11 am -12:30 pm
Art & Craft class
12:00 pm -2 pm

16
***Qi Gong & Morning
Exercise Class**
(Online & In-person)
10 am -11 am

17
***Advanced ESL class**
9:30 am-11:30 am

18
***Line Dance with Cindy**
10:30 am-12:30 pm

19 ***Intermediate
iPad/iPhone class**
(Cantonese)
9: 30 am -11am
***Community lunch &
Open mic event**
12 pm- 2 pm

22
***Line Dance with May**
11 am -12:30 pm
Art & Craft class
12:00 pm -2 pm

23
***Chair Exercise**
(Online & In-person)
10 am -11 am

24
***Advanced ESL class**
9:30 am-11:30 am

25
***Line Dance with Cindy**
10:30 am-12:30 pm

26
***Intermediate
iPad/iPhone class**
(Cantonese)
9: 30 am -11am

29
***Line Dance with May**
11 am -12:30 pm
Art & Craft class
12:00 pm -2 pm

30
***Chair Exercise**
(Online & In-person)
10 am -11 am

31
***Advanced ESL class**
9:30 am-11:30 am

www.kiwassa.ca.
2425 Oxford Street,
Vancouver BC
V5K 1M7



**For all activities with
a star (*)
are required to
pre-register in
advance.**

**The activities
in purple are
Therapeutic activation
program for seniors
(TAPS) .**

**Contact Cherrie or Kammy
via Email:
SeniorsPrograms@kiwassa.ca
or via phone:
604-306-2088/604-306-9148
for registration or more
info.**

Funded by:



Important Dates in January:

Jan 01-Jan04 - Senior Programs will be closed. All activities cancelled. All activities will resume on January 5, 2024.

Jan 05 - Community lunch & Bingo ! Please register in advance.

Jan 19- Community lunch & open mic event! Please register in advance.

Feb 2 - New Year Lunch Celebration from 12-3pm. There will be live performances, music, dance and lucky draw! Please sign up in advance as spot is limited.

*Beginner & Intermediate ESL classes will be suspended in January and hoping to resume in February. Please stay tuned for that!

Highlights of December 2023:



We are grateful that we were able to close the program for three weeks and got a chance to deliver gifts and visit some seniors and TAPS participants before the holidays.