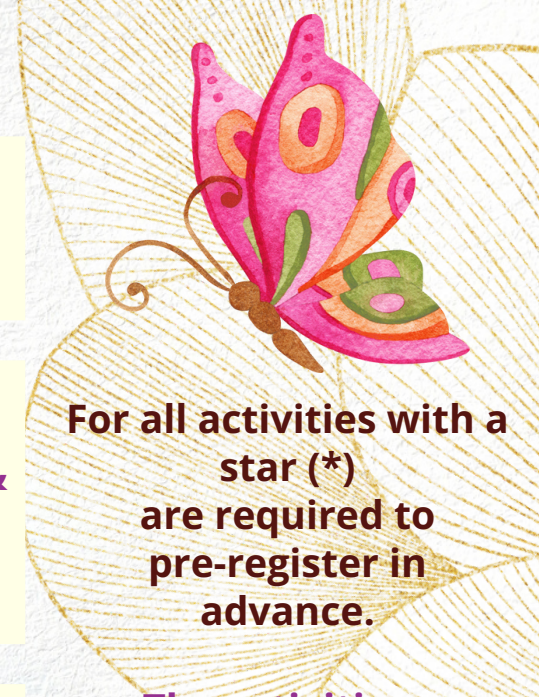


Seniors Program

April 2024



For all activities with a star (*) are required to pre-register in advance.

The activities in purple are Therapeutic activation program for seniors (TAPS).

Contact Cherrie or Kammy via Email: SeniorsPrograms@kiwassa.ca or via phone: 604-306-2088/604-306-9148 for registration or more info.



Mon

Tue

Wed

Thu

Fri

1
Easter Monday
Kiwassa closed
All activities canceled!

2
***Chair Exercise**
(Online & In-person)
10 am to 11 am

3
***Advanced ESL class**
9:30 am-11:30 am

4
***Line Dance with Cindy**
10:30 am-12:30 pm

5
***Community lunch & Bingo**
12 pm to 2 pm

8 ***Beginner ESL class**
9:30 am-11 am
***Intermediate ESL class**
9:30 am-11 am
***Line Dance with May**
11 am -12:30 pm
Art & Craft class
12 pm -2 pm

9
***Qi Gong & Morning Exercise Class**
(Online & In-person)
10 am to 11 am

10 ***Advanced ESL class**
9:30 am-11:00 am
***Walking Club**
-Visiting Van Dusen Garden
11:15 am to 4 pm

11
***Line Dance with Cindy**
10:30 am-12:30 pm

12
***Intermediate iPad/iPhone class (Cantonese)**
9:30 am -11am

15 ***Beginner ESL class**
9:30 am-11 am
***Intermediate ESL class**
9:30 am-11 am
***Line Dance with May**
11 am -12:30 pm
Art & Craft class
12 pm -2 pm

16
*** Morning Exercise Class**
(Online & In-person)
10 am to 11 am

17
***Advanced ESL class**
9:30 am-11:30 am

18
***Line Dance with Cindy**
10:30 am-12:30 pm

19 ***Intermediate iPad/iPhone class (Cantonese)**
9:30 am -11am
***Community lunch & Bingo**
12 pm to 2 pm

22 ***Beginner ESL class**
9:30 am-11 am
***Intermediate ESL class**
9:30 am-11 am
***Line Dance with May**
11 am -12:30 pm
Art & Craft class
12 pm -2 pm

23 ***Qi Gong & Morning Exercise Class**
(Online & In-person)
10 am to 11 am
***Health Workshop for seniors**
11 am to 12:30 pm

24
***Advanced ESL class**
9:30 am-11:30 am

25
***Line Dance with Cindy**
10:30 am-12:30 pm

26
***Intermediate iPad/iPhone class (Cantonese)**
9:30 am -11am

29
Program closed for staff development
All activities canceled!

30
***Qi Gong & Morning Exercise Class**
(Online & In-person)
10 am to 11 am

www.kiwassa.ca.
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Important Days in April:

Apr 01- Easter Monday, Kiwassa closed. All activities are cancelled.

Apr 05- Community lunch & Bingo! Please register in advance.

Apr 10- Walking club activity, visiting VanDusen Botanical Garden. Registration starts on Apr 02, space is limited. Pre-registration required.

Apr 12- New series of Cantonese Intermediate iPhone & iPad class will start! please register in advance if you are interested.

Apr 19- Community lunch & Bingo! Please register in advance.

Apr 23-Health workshop for seniors. More details will be provided later, please register in advance.

Apr 29-Staff Development Day. Senior Program closed. All activities cancelled!



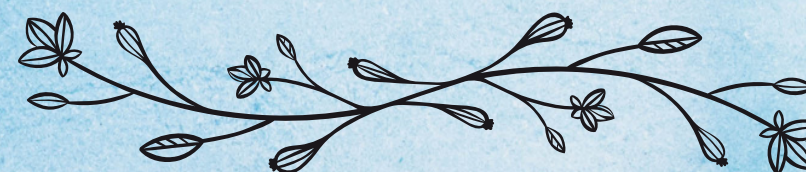
Announcement



Since it's the beginning of the new fiscal year, we would like to ask all seniors (including senior volunteers and TAPS participants) to renew your membership. You can fill out membership form on this website:

<https://tinyurl.com/2v4sjrhn>

Scan the QR code below, or ask Kammy or Cherrie for a printed form.



Please note that we will also be collecting fees for all line dance, ESL, and iPhone & iPad classes for the new term.

We decide to suspend our karaoke/ Open Mic program since we had low attendance for the previous months. Instead, we will have two bingo games every month.

