**Senior Wellness Club 耆英健康俱乐部**

**Goal 目标：**

* Addressing wellness issues

处理保健的相关问题

* Finding available resources

寻找可用的资源

* Increasing overall health

提高整体的健康

* Decreasing isolation

减少隔离性

**Each senior will be paired up with a youth**

**每一位年长者会和一位青少年配对**

**You will get a chance to learn about each other’s life stories and hang out!**

**你将会有机会了解到对方的故事以及和对方出去消遣！**

**Youth volunteers will get volunteer hours and gain experience working with seniors!**

January 18, 2019 & January 24, 2019 3-5pm 时间：1月18号和1月24号 下午三点到五点

Kiwassa Neighbourhood House, 2425 Oxford Street, Vancouver BC (地址)

**Contact Cherrie or Ryan at 604-254-5401 for more information!**

**请联系Cherrie登记！**